

Our group has also begun a project that aims to reduce our waste.

We all do our best with recycling what we can, but our general waste bins are still just too full.

Our project aims to facilitate the recycling of some of the more tricky items that fill up our rubbish bins.

We have bought bins (which are located in a store at the side of the church) and before and after every weekend Mass, they will be open and available to recycle the following:

Used beauty products  
Writing implements  
Toothbrushes and empty toothpaste tubes  
Biscuit wrappers, bread wrappers and crisp packets (non foil)

There are 4 bins - all labelled; bring the items listed and let's see how we can reduce the amount of rubbish going to landfill sites. Some of our members found that the rubbish in their general rubbish bins was reduced by half when recycling these products.

We will also be offering parishioners the chance to attend a screening of the **The Letter: Laudato Si' Film** - a documentary in which four voices - the poor, the indigenous, the youth and wildlife are invited into dialogue with Pope Francis. The four representatives come from Senegal, India, the Amazon and Hawaii and the film follows them on their journey as advocates in their own regions to Rome and Assisi and their experiences along the way. We plan to show this on Friday, 21st April 2023 at 7.00pm in the church hall - look out for more details on this powerful and moving film coming soon.

As always, please check our noticeboard at the back of the church and thank you for your support!

Thank you for your continuing support.

Mary



The Thoughtful Living Group (TLG) is very pleased to announce that our action plan to achieve Cafod's Live Simply Award has been approved!

Just to remind you, the Live Simply Award is a framework to help communities like St Michael's respond to Pope Francis's call to care for creation and those who are marginalised. The award focuses on 3 different areas:

to live simply;  
to live in solidarity with the poor; and  
to live sustainably with creation.

As an action to live in solidarity with the poor, the TLG undertook to support CIRDIC (Churches in Reading Drop in Centre) in the run up to Christmas.

Your response to our raffle in early December was incredibly generous - as a result we were able to support CIRDIC's Christmas lunch for 50 guests!

We supplied them with homemade Christmas puddings (made under Krissie's supervision at the Christmas Pudding evening) and gave funds to buy enough turkey crowns to make a splendid lunch. We were also able to buy gifts of underwear and socks for all of the guests. This is a charity, which the TLG is interested in continuing to support and we are pleased that St Michael's has nominated it as our Lenten charity - look out for information on how you can support CIRDIC and the local food bank in the run up to Easter.

THOUGHTFUL LIVING NEWSLETTER  
JANUARY/FEBRUARY 2023



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