Spirit of God, descend on me this day. Grant me the Spirit of joy, to lift me, the Spirit of hope to inspire me, the Spirit of love to surround me and the Spirit of truth to enlighten my path.

Holy Spirit, I pray for a new outpouring of your grace, so that I may grow in worship of your name in love of you in my prayer and in my actions towards others.

Come Holy Spirit into my life to guide me. Strengthen and defend me, so that I may be drawn ever closer to you. Help me this day and always to be a channel of grace in all I say and do and invite others into relationship with you.

Amen

Thought for the week 25th Sunday of the Year 19th September, 2021

Today's Gospel is another that we have heard so often that the message can sometimes be forgotten. We may not argue amongst ourselves in the same way that the disciples did on the road to Capernaum, but how often do we put ourselves above others, normally with the sole intention of making ourselves feel better? How often to do we think of others before ourselves?

As someone in his twenties, with no big responsibilities such as children to look after, or a mortgage to maintain, it is pretty easy for me to just think of myself and not worry about anyone or anything else; not be as selfless as I perhaps should be. How many of us can claim to be thinking of others all the time? As Christians, we have a clear message from Jesus to put others before ourselves and to love one another. Although it is hard at times, I believe that as humans we also have an innate desire to want what is best for each other; look at the outpouring of good will whenever there is a natural disaster or for the refugees who flee from war.

In this journey through life, we occasionally need to be reminded to think of others; to put their needs before our own. Even if we just do it for this week thanks to the Gospel, why not let that be at the forefront of our minds?

If I may paraphrase what, I am sure, all of us were taught as children,

"It is better to give than to receive — and when we reach life's finishing line: it is not about the winning; it is about the taking part!"



Prayers Please

Please pray June Black who is in hospital

Please pray for Mary Haggar

Please pray for Jack Edwards

Please pray for Vivien Kear (Krissie's friend) who has a tumour on her right eye.

Please pray for Rita Lonsdale.

Maddy Sharman has asked for our prayers.

Vera Bird has asked for our prayers for her Great, Great Grandson Harry

Please pray for Cecilia Fung, the mother of Fr Jojo. She has had a stroke.

Prayers please for Antonita's nephew Peppin who has long covid.

Please pray for Caroline Mikhail (daughter - in - law of Jane and Ramsay Mikhail) who suffered a stroke.

Please pray for Peter Halter's sister Jean who has macular degeneration and for Jean's great grandson Rogan who is 8 and has leukemia. Rogan continues to need our prayers.

Please pray for children and the new school term.

Please pray for the residents and staff at the two nursing homes in our parish, Abbeycrest and St Luke's.

Please pray for all victims of the Coronavirus.



Please also remember in your prayers those whose anniversaries occur at this time including; Arnold Fox, Frank Pearce, Wendy Pearce, Gwenda New, Lesley Archard, Audrey Belletty, Harry Kerr, Freda Miller, Thomas Mullaniff, Francis George Pearce, June Godfrey, Michael O Neil.