

Thought for the week
18th Sunday of the Year (B)
5th August 2018

The summer is a good time for rest and relaxation. The bookshops are full of holiday reading and postcards – real or virtual –inform us about the travel experiences of friends and family. In seeking to share those experiences we are brought closer together momentarily. A break from routine, the school run, the dash to work, gives us more time to spend with those whom we love and love us.

There is also more time to think about what is important in our lives. It is easy to get caught up in pursuit of those things which others deem important but which are transient. How many times do we set ourselves goals? The next promotion, a bigger house, a better car. They are worldly aspirations but once we achieve them - are we satisfied? What can we aspire to that will truly bring contentment?

The crowds that followed Jesus were initially attracted by the provision of free food. He recognised their hunger, both physical and spiritual, and offered himself as the solution. Can we respond to His generous offer and seek to focus on our spiritual growth? Perhaps the holiday season will give us extra opportunities for prayer and reflection.

A parishioner